



PRESTATIETABEL INDOOR

(Eénmalige premie, hoogste bedrag telt)

SEIZOEN 2011-2012

Winterseizoen 2011-2012

PRESTATIETABEL INDOOR SEIZOEN 2011-2012 AC LYRA VZW

60 M

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	6.81	7.49	100	7.08	7.79	50	7.35	7.94	35	7.63	8.24	100	7.35	8.24
150	6.86	7.56	75	7.18	7.91	37.5	7.44	8.05	27.5	7.69	8.32	75	7.44	8.32
100	6.94	7.66	50	7.27	8.04	25	7.53	8.16	20	7.75	8.41	50	7.53	8.41
75	7.05	7.80	35	7.37	8.16	17.5	7.61	8.27	15	7.81	8.49	35	7.61	8.49
50	7.18	7.97	25	7.46	8.29	12.5	7.70	8.39	10	7.87	8.58	25	7.70	8.58
25	7.34	8.17	15	7.56	8.42	7.5	7.78	8.50	5	7.93	8.66	15	7.78	8.66

200 M

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	21.39	24.36	100	22.25	25.33	50	23.10	25.82	35	23.96	26.80	100	23.10	26.80
150	21.57	24.60	75	22.58	25.79	37.5	23.40	26.23	27.5	24.18	27.12	75	23.40	27.12
100	21.84	24.97	50	22.91	26.24	25	23.70	26.64	20	24.40	27.44	50	23.70	27.44
75	22.20	25.45	35	23.24	26.69	17.5	24.00	27.05	15	24.62	27.76	35	24.00	27.76
50	22.66	26.06	25	23.57	27.14	12.5	24.29	27.45	10	24.84	28.08	25	24.29	28.08
25	23.20	26.79	15	23.90	27.59	7.5	24.59	27.86	5	25.06	28.40	15	24.59	28.40

400 M

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	47.57	54.43	100	49.47	56.61	50	51.38	57.70	35	53.28	59.87	100	51.38	59.87
150	48.00	55.00	75	50.26	57.67	37.5	52.09	58.67	27.5	53.82	60.65	75	52.09	60.65
100	48.64	55.86	50	51.04	58.74	25	52.81	59.64	20	54.36	61.42	50	52.81	61.42
75	49.49	57.00	35	51.83	59.81	17.5	53.52	60.61	15	54.90	62.20	35	53.52	62.20
50	50.56	58.43	25	52.61	60.88	12.5	54.24	61.58	10	55.45	62.97	25	54.24	62.97
25	51.84	60.14	15	53.40	61.94	7.5	55.47	63.15	5	55.99	63.75	15	55.99	64.95

PRESTATIETABEL INDOOR SEIZOEN 2011-2012 AC LYRA VZW

Horden

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
	60H	60H		60H	60H		60H	60H		60H	60H		60H	60H
	1.067m	0.84m		1.067m	0.84m		0.914m	0.726m		0.914m	0.762m		1.067m	0.84m
200	8.06	8.46	100	8.30	8.71	50	8.17	8.59	35	8.54	8.95	100	8.70	9.14
150	8.16	8.55	75	8.42	8.86	37.5	8.27	8.72	27.5	8.61	9.05	75	8.81	9.24
100	8.31	8.69	50	8.54	9.01	25	8.37	8.85	20	8.69	9.15	50	8.91	9.34
75	8.50	8.87	35	8.65	9.15	17.5	8.47	8.97	15	8.76	9.25	35	9.02	9.44
50	8.75	9.10	25	8.77	9.30	12.5	8.57	9.10	10	8.83	9.35	25	9.13	9.55
25	9.04	9.37	15	8.89	9.45	7.5	8.67	9.23	5	8.90	9.45	15	9.23	9.65

Hoog

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	2.19	1.87	100	2.04	1.74	50	1.95	1.68	35	1.84	1.61	100	1.95	1.61
150	2.17	1.85	75	2.00	1.72	37.5	1.91	1.66	27.5	1.81	1.58	75	1.91	1.58
100	2.13	1.83	50	1.97	1.69	25	1.88	1.63	20	1.77	1.56	50	1.88	1.56
75	2.08	1.79	35	1.93	1.67	17.5	1.84	1.61	15	1.74	1.54	35	1.84	1.54
50	2.02	1.74	25	1.90	1.65	12.5	1.80	1.58	10	1.70	1.51	25	1.80	1.51
25	1.94	1.69	15	1.86	1.62	7.5	1.77	1.55	5	1.67	1.49	15	1.77	1.49

Ver

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	7.64	6.29	100	7.11	5.85	50	6.72	5.60	35	6.34	5.35	100	6.72	5.35
150	7.52	6.20	75	6.92	5.71	37.5	6.56	5.48	27.5	6.19	5.22	75	6.56	5.22
100	7.34	6.06	50	6.74	5.57	25	6.40	5.35	20	6.05	5.09	50	6.40	5.09
75	7.10	5.87	35	6.55	5.43	17.5	6.24	5.23	15	5.90	4.97	35	6.24	4.97
50	6.80	5.64	25	6.37	5.29	12.5	6.08	5.11	10	5.75	4.84	25	6.08	4.84
25	6.44	5.36	15	6.18	5.15	7.5	5.92	4.98	5	5.60	4.72	15	5.92	4.72

PRESTATIETABEL INDOOR SEIZOEN 2011-2012 AC LYRA VZW

Hinkstap

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	16.03	13.55	100	14.91	12.60	50	14.11	12.06	35	13.30	11.52	100	14.43	11.79
150	15.73	13.27	75	14.43	12.15	37.5	13.69	11.65	27.5	12.91	11.11	75	14.15	11.54
100	15.29	12.86	50	13.96	11.70	25	13.27	11.25	20	12.52	10.71	50	13.72	11.16
75	14.69	12.31	35	13.48	11.26	17.5	12.85	10.84	15	12.13	10.30	35	13.16	10.66
50	13.94	11.62	25	13.00	10.81	12.5	12.43	10.44	10	11.74	9.90	25	12.46	10.03
25	13.05	10.79	15	12.53	10.36	7.5	12.01	10.03	5	11.35	9.50	15	11.61	9.28

Polsstok

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	5.30	4.29	100	4.93	3.99	50	4.66	3.82	35	4.40	3.65	100	4.66	3.65
150	5.21	4.22	75	4.79	3.88	37.5	4.54	3.73	27.5	4.29	3.55	75	4.54	3.55
100	5.08	4.12	50	4.65	3.78	25	4.42	3.63	20	4.18	3.46	50	4.42	3.46
75	4.90	3.98	35	4.52	3.68	17.5	4.31	3.54	15	4.07	3.36	35	4.31	3.36
50	4.68	3.81	25	4.38	3.57	12.5	4.19	3.45	10	3.96	3.27	25	4.19	3.27
25	4.42	3.61	15	4.24	3.47	7.5	4.07	3.36	5	3.85	3.18	15	4.07	3.18

Kogel

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	17.49	15.54	100	16.27	14.45	50	16.27	13.83	35	14.52	14.22	100	16.27	13.21
150	17.06	15.12	75	15.55	13.74	37.5	15.55	13.17	27.5	13.91	13.40	75	15.55	12.56
100	16.42	14.49	50	14.82	13.03	25	14.82	12.52	20	13.30	12.58	50	14.82	11.92
75	15.56	13.65	35	14.10	12.31	17.5	14.10	11.86	15	12.69	11.75	35	14.10	11.27
50	14.48	12.60	25	13.38	11.60	12.5	13.38	11.20	10	12.08	10.93	25	13.38	10.63
25	13.19	11.34	15	12.66	10.89	7.5	12.66	10.55	5	11.48	10.11	15	12.66	9.98

PRESTATIETABEL INDOOR SEIZOEN 2011-2012 AC LYRA VZW

Meerkamp

A.C.			JUN			SCH			CAD		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
	7K	5K		7K	5K		7K	5K		6K	5K
200	5530	4196	100	5143	3902	50	4922	3776	35	3844	3609
150	5411	4101	75	4948	3744	37.5	4728	3618	27.5	3680	3458
100	5234	3958	50	4754	3587	25	4534	3459	20	3516	3307
75	4996	3767	35	4559	3429	17.5	4341	3301	15	3351	3156
50	4700	3529	25	4365	3271	12.5	4147	3142	10	3187	3005
25	4344	3243	15	4170	3113	7.5	3953	2984	5	3023	2854

800 M

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	1.50.20	2.08.15	100	1.54.61	2.11.99	50	1.59.02	2.15.84	35	2.04.53	2.20.97	100	1.57.91	2.14.56
150	1.51.21	2.09.51	75	1.56.72	2.14.80	37.5	2.01.20	2.18.73	27.5	2.06.82	2.23.96	75	2.00.08	2.17.42
100	1.52.73	2.11.56	50	1.58.82	2.17.61	25	2.03.39	2.21.61	20	2.09.10	2.26.96	50	2.02.25	2.20.28
75	1.54.76	2.14.28	35	2.00.93	2.20.41	17.5	2.05.58	2.24.50	15	2.11.39	2.29.95	35	2.04.42	2.23.14
50	1.57.29	2.17.68	25	2.03.04	2.23.22	12.5	2.07.77	2.27.39	10	2.13.68	2.32.95	25	2.06.59	2.26.00
25	2.00.33	2.21.77	15	2.05.14	2.26.02	7.5	2.09.96	2.30.28	5	2.15.97	2.35.95	15	2.08.75	2.28.86

1500 M

A.C.			JUN			SCH			CAD			MAS		
Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames	Premie	Heren	Dames
200	3.46.36	4.22.46	100	3.55.41	4.30.33	50	4.04.47	4.38.21	35	4.15.79	4.48.71	100	4.02.21	4.35.58
150	3.48.54	4.25.27	75	3.59.95	4.36.12	37.5	4.09.18	4.44.16	27.5	4.20.71	4.54.88	75	4.06.87	4.41.48
100	3.51.81	4.29.48	50	4.04.48	4.41.90	25	4.13.88	4.50.11	20	4.25.64	5.01.06	50	4.11.53	4.47.38
75	3.56.17	4.35.10	35	4.09.01	4.47.69	17.5	4.18.59	4.56.07	15	4.30.56	5.07.24	35	4.16.19	4.53.27
50	4.01.61	4.42.12	25	4.13.54	4.53.47	12.5	4.23.30	5.02.02	10	4.35.48	5.13.42	25	4.20.86	4.59.17
25	4.08.15	4.50.54	15	4.18.08	4.59.26	7.5	4.28.00	5.07.97	5	4.40.41	5.19.59	15	4.25.52	5.05.07

PRESTATIETABEL INDOOR SEIZOEN 2011-2012 AC LYRA VZW

3000 M

A.C.

Premie	Heren	Dames
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200	8.04.79	9.16.92
150	8.09.79	9.24.22
100	8.17.30	9.35.18
75	8.27.31	9.49.79
50	8.39.82	10.08.06
25	8.54.83	10.29.97

JUN

Premie	Heren	Dames
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100	8.24.18	9.40.18
75	8.34.59	9.53.33
50	8.45.00	10.06.48
35	8.55.41	10.19.63
25	8.05.82	10.32.78
15	8.16.22	10.45.93

MAS

Premie	Heren	Dames
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100	8.26.61	9.42.99
75	8.37.06	9.56.21
50	8.47.52	10.09.42
35	8.57.98	10.22.64
25	9.08.44	10.35.85
15	9.18.9	10.49.07